



## **Speaker Biography**

### ***Dr Brian Hughes***

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Brian M. Hughes is Director of the Centre for Research on Occupational and Life Stress, at the National University of Ireland, Galway. As well as lecturing at his own university's School of Psychology, he has held visiting scholar appointments at the University of Missouri-Columbia, Leiden University Medical Centre, the University of Birmingham, and the Institute of Psychiatry at King's College London. His research activities have focused on psychological aspects of the human stress response (particularly its impact on physiology and health) and on the psychology of empirically dubious claims, especially as they pertain to health and medicine.

His work has been funded by several agencies, including the Irish Heart Foundation and the Irish Research Council for the Humanities and Social Sciences, and has been published in journals such as *Annals of Behavioral Medicine*, the *Journal of Psychosomatic Research*, *Clinical Psychology Review*, and *Behavioral and Brain Sciences*. In 2007 he received the Early Career Achievement Award from the international Stress and Anxiety Research Society.