

Introduction to Dance Movement Psychotherapy
Dance Movement Psychotherapy Summer School
Dance Movement Psychotherapy Foundation
MA Dance Movement Psychotherapy
MPhil and PhD

Dance Movement Psychotherapy



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This booklet outlines the Dance Movement Psychotherapy programmes at Goldsmiths, University of London. Please read this booklet in conjunction with our PACE Prospectus; further information is available from Admissions at the contact details on page 24.

We can supply information in alternative formats for people with a visual impairment or dyslexia. Please contact Admissions on **+44 (0)20 7078 5300** or e-mail **admissions@gold.ac.uk**.

Introducing the Department

The Department of Professional and Community Education (PACE) offers a broad range of programmes and courses ranging from vocational and professional training, undergraduate and postgraduate, certificate and diploma programmes, as well as courses designed to encourage returning to study.

Subjects include:

- Community and Youth Work
- Cultural and Social Studies including Anthropology, Creative Writing, Historical Studies, Literary Studies, Media and Communications, Politics, Psychology, Research Study Skills and Sociology
- Performing Arts, including Drama, Theatre and Music
- Psychotherapeutic Studies including Art Psychotherapy, Cognitive Behaviour Therapy, Dance Movement Psychotherapy, Counselling and Psychodynamic Studies
- Social Work

At Goldsmiths, we aim to work closely with local communities. For over a hundred years we have been committed to lifelong learning and to bridging the gap between theory and practice, through professional and continuing studies. PACE was formed to provide a focus for this work. With its emphasis on lifelong learning and professional development, the Department offers a lively environment for postgraduates.

For more information on the Department of PACE, visit www.goldsmiths.ac.uk/pace.

PACE brings together a number of different perspectives and areas of study in psychotherapy, namely in Art Psychotherapy, Dance Movement Psychotherapy, Counselling, Group Psychotherapy and Psychodynamic Studies.

These subject areas offer a wide range of programmes: introductory short courses, foundation courses, Diplomas, Masters and Research Degrees, in addition to Continuing Professional Development (CPD) and programmes in Cognitive Approaches to Counselling, Group and Intercultural Therapy, and Rational-Emotive Behaviour Therapy.



Studying Dance Movement Psychotherapy at Goldsmiths

What is Dance Movement Psychotherapy?

'Dance Movement Psychotherapy is the psychotherapeutic use of movement and dance through which a person can engage creatively in a process to further their emotional, cognitive, physical and social integration' (ADMP UK Definition). It is founded on the principle that movement reflects an individual's patterns of thinking, feeling and communicating. Through acknowledging and supporting the client's movements, the therapist encourages development and integration of new adaptive movement patterns together with the emotional and relational experiences that accompany such changes.

Dance Movement Psychotherapy explores the movement relationship between client and therapist, which facilitates further understanding of underlying difficulties in how we experience ourselves and how we relate to others. Dance Movement Psychotherapy is based on a number of key concepts, including:

- Recognition of the importance of non-verbal communication in building relationships
- The creative use of dance, movement, imagination and movement play as a means to encourage self expression and self awareness
- The use of dance and movement as a modality to facilitate body/mind integration
- Connecting internal and external worlds through kinaesthetic exploration and discovery.

Where do Dance Movement Psychotherapists work?

Dance Movement Psychotherapists work with a variety of clients. Whilst it utilises dance and movement as its primary modality, it is not limited to those with particular movement skill or physical ability but rather approaches the medium of movement within a therapeutic framework, which is most appropriate to the group or individual. Settings where Dance Movement Psychotherapy takes place include:

- NHS mental health – child and adolescent and adult psychiatry, psycho-geriatric, eating disorders units and other specialisms
- Social Services – people with learning difficulties, physical disabilities

- Voluntary/Private Organisations – the hospice movement, mental health, self-help
- Education – mainstream primary and secondary and special schools, Further Education
- Prisons
- Community organisations – Sure Start, Age Concern, rough sleepers, domestic violence refuges, refugee groups
- Residential Homes – for the elderly, people with learning difficulties, mental health and physical disabilities
- Working with mainstream populations who can benefit from symbolising through the body and dance/movement
- Private practice.

Why study Dance Movement Psychotherapy at Goldsmiths?

- Each staff member brings a wealth of expertise, knowledge and experience of DMP with child and adult populations and is a specialist within their own practice
- The programme is centred on the psychodynamic understanding of groups and individuals and aims to offer a supportive and integrated learning experience
- The Goldsmiths' DMP programme offers Laban Movement Analysis (LMA) as a vital component in DMP training
- The staff team offers a unique blend of innovative and creative learning and teaching practices
- Reinforced by the international reputation of Goldsmiths and Dance Movement Psychotherapy training in the UK, you will study with students from around the world, each bringing a vibrancy to the training experience
- The programme offers excellent support academically and pastorally to all students, both home and international
- The programme offers support to graduates after the training via an Alumni DMP website
- Goldsmiths prides itself on being at the cutting edge of professional development programmes.

Goldsmiths' campus is only 15 minutes from the centre of London, where a variety of arts events can be accessed.

Introducing the programmes

Goldsmiths offers the following programmes and courses in Dance Movement Psychotherapy:

Introductory courses

2-day Introduction to Dance
Movement Psychotherapy
4-day Dance Movement Psychotherapy
Summer School
Dance Movement Psychotherapy Foundation

Qualifying programme

MA in Dance Movement Psychotherapy

Research programmes

MPhil and PhD

Entrance requirements

Please refer to individual programme entries for further details on specific entrance requirements.

English language requirement

If English is not your first language, you must obtain evidence of your English Language competence. Tests considered appropriate include:

- International English Language Testing System (IELTS) – pass with at least 6.5 overall and a minimum of 6.0 in the written element
- TOEFL score of at least 580 including 4.5 in the Test of Written English (TWE), or 237 in the Computerised test (CT) including 4.5 in the essay component, or 92 in the Internet-based test (IBT) with a minimum of 23 in the written element
- International GCSE (IGCSE) English as a second language at Grade C or above
- Cambridge Certificate of Proficiency of English (CPE) Level 5 at Grade C or above
- Cambridge Certificate in Advanced English (CAE) Level 4 at Grade B or above
- Pearson Test of English (Academic), with a score of 68 overall, including 68 in the written element and 59 in all other elements.

For further information, please see the PACE Prospectus. International candidates may be accepted without an interview.

Application and admission

For information on making an application and to download an application form, please visit www.goldsmiths.ac.uk/apply or see the PACE Prospectus.

Open Days

College-wide open days for all programmes across the university are usually held three times a year in spring, summer and autumn. For further information on these, please visit the website at www.goldsmiths.ac.uk/opendays. Research degree applicants may visit the Department by appointment.

Fees and funding

For up-to-date information on fees, please see the PACE Prospectus, or visit www.goldsmiths.ac.uk/costs. Many of our students are successful in gaining financial support and/or study leave from their employers. This applies to all our programmes and short courses. Please note: fees are quoted per year of study.



Introductory courses

Introduction to Dance Movement Psychotherapy

This non-accredited course gives a broad introduction to the theory and practice of Dance Movement Psychotherapy. The two-day introductory workshops are for those with some experience in fields relevant to Dance Movement Psychotherapy – such as social workers, occupational therapists, nurses, doctors and teachers – and for those without such experience who want to learn about the field. There are experiential workshops that enable you to gain some understanding of the process of Dance Movement Psychotherapy, with lectures and presentations on specific aspects of the model.

The course is designed as a full two-day taster of Dance Movement Psychotherapy, comprised of seminar/discussion, two experiential-learning group sessions and case study presentation. You are advised to wear suitable clothing for moving in.

Entrance requirements

No experience in dance or Dance Movement Psychotherapy is required, however it is important that you are prepared to explore your own movement potential. Suitable applicants should have an interest in dance and movement as creative and therapeutic practice.

How to join

Please contact the Admissions Enquiry Unit for an enrolment form on +44 (0)20 7919 7766, fax +44 (0)20 7919 7509 or e-mail admissions@gold.ac.uk for a copy, or visit the website at www.goldsmiths.ac.uk. On your enrolment form, please indicate the dates you would like to attend. To find out more, please contact Jennifer Mayo-Deman, tel +44 (0)20 7919 7239, e-mail j.mayo-deman@gold.ac.uk.

Fees

For up-to-date information on fees, please see the PACE Prospectus, or visit www.goldsmiths.ac.uk/pace.

Dance Movement Psychotherapy Summer School

The Dance Movement Psychotherapy Summer School is designed for a brief but condensed experience of some of the main aspects involved in Dance Movement Psychotherapy training at Goldsmiths. The course is an opportunity to experience a short-term group process through movement, and an introduction to therapeutic training in the medium.

What do you study?

Each of the four days includes a seminar on Theory and Practice of Dance Movement Psychotherapy, a practical and theoretical introduction to Movement Observation and Analysis, an experiential session in Dance/Movement Improvisation and an experiential Dance Movement Psychotherapy Group. You learn about the role of dance/movement in therapeutic work; experience group processing of relationships which are created through movement; discover some of the rudiments of Movement Observation, and have an opportunity for exploring the links between sensation, imagination, and movement improvisation.

Entrance requirements

No experience of Dance Movement Psychotherapy is necessary, although suitable applicants should have an interest in engaging in creative movement process in a group learning environment.

How to join

Please contact the Admissions Enquiry Unit for an enrolment form on +44 (0)20 7919 7766, fax 020 7919 7509 or e-mail admissions@gold.ac.uk for a copy, or visit the website at www.goldsmiths.ac.uk. To find out more, please contact Jennifer Mayo-Deman, e-mail j.mayo-deman@gold.ac.uk.

Fees

For up-to-date information on fees, please see the PACE Prospectus, or visit www.goldsmiths.ac.uk/costs.

Dance Movement Psychotherapy Foundation

This introductory course aims to provide you with the basic concepts of both theory and practice in Dance Movement Psychotherapy; and in that way can serve as an opportunity to explore aspects of Dance Movement Psychotherapy before making the commitment to apply for the MA. The structure of the course is created as a self-contained practical and theoretical foundation experience and as such, is equally suitable as an opportunity for professional and personal development.

What do you study?

Term 1 offers an overview of elements that underpin DMP and includes a weekend (Saturday only) Introduction to Laban Movement Analysis (LMA). The History of DMP is introduced with a perspective on where and with whom DMP is provided.

Term 2 offers an 'as if' experience of a Dance Movement Psychotherapy Group, where the tutors will take the role of therapists in order for the group to experience first hand the process of DMP.

Term 3 comprises talks by visiting Dance Movement Psychotherapists about their work with different populations e.g. Adult Mental Health, Prisons, Eating Disorders, Victims of Torture, the Elderly etc.

The course runs in blocks of three terms over 28 weeks. Each session is two hours long. These blocks are seminar-led in both the autumn and summer term, and experiential in the middle spring term. The Saturday workshop is in the autumn term.

If you successfully complete the course, you may consider progressing to the MA in Dance Movement Psychotherapy.

No previous experience is required, just a commitment to the programme and a willingness to use movement as exploration.

Please note: although the experience engages you on a personal level, the aim of the Group in Term 2 is not one of therapy but a process of learning about how Dance Movement Psychotherapy groups function.

Assessment

You write a non-assessed essay of 2,000-3,000 words relating to your experience in the seminars and experiential workshops, and keep a journal to consolidate and record your learning. You can apply for an authorised certificate of attendance on completion of the course and 80% attendance. The certificate is not a qualification to practise, and does not guarantee acceptance to postgraduate training.

Entrance requirements

The Foundation Course is open to any person, including dance graduates or specialists, teachers, medical professionals and others in the health and educational sector engaged in the creative process. Work experience is welcomed from within these possible diverse fields, as is any experience of personal therapy.

How to join

Please contact the Admissions Enquiry Unit for an E1 enrolment form on +44 (0)20 7919 7766, fax +44 (0) 20 7919 7509 or e-mail admissions@gold.ac.uk for a copy or visit the website at www.gold.ac.uk. Please return the form to the PACE Office who will then contact you for further information about your experience, background and expectations of the course. To find out more, please contact Jennifer Mayo-Deman, e-mail j.mayo-deman@gold.ac.uk or call +44 (0) 20 7919 7230.

Fees

For up-to-date information on fees, please see the PACE Prospectus, or visit www.gold.ac.uk.

Find out more

If you have specific questions about the introductory courses listed and forthcoming course dates please contact Sue Curtis on +44 (0)20 7078 5016, e-mail s.curtis@gold.ac.uk, or Jennifer Mayo-Deman on +44 (0)20 7919 7230, e-mail j.mayo-deman@gold.ac.uk.



“This course has definitely increased my interest in the power of movement and what it brings out in people, both young and old, and I’m looking forward to what the future brings me.”

Devika Sekha,
MA in Dance Movement Psychotherapy

Qualifying programme: MA in Dance Movement Psychotherapy

2 years full-time, 3 years part-time

We offer a two year full-time, 3 year part-time MA in Dance Movement Psychotherapy. Successful completion of the programme results in a professional qualification to practice as a Registered Dance Movement Psychotherapist (RDMP) through registration with the professional qualifying body in Britain, the Association of Dance Movement Psychotherapy UK. The full-time course includes two days per week of clinical placement, along with two days (Wednesday and Thursday) at Goldsmiths. The part-time programme shares the same days in College but includes one day on clinical placement per week in Years 1 and 2. Year 3 includes two days per week clinical placement and a day in College (Wednesday).

This programme carries a total of 240 M level credits and provides you with a broad understanding of the theories and practices of Dance Movement Psychotherapy necessary for safe and effective clinical work, and enables you to practise as a Dance Movement Psychotherapist. Your learning is underpinned by the principles and practices of psychodynamic psychotherapy within the social, political and multicultural context of education, mental health and social and community care, and informed by contemporary dance practice and Laban Movement Analysis (LMA). The programme's emphasis is therefore on the development of sophisticated clinical skills within a questioning and critical model of reflective practice.

Through theoretical studies, movement observation studies, dance practice workshops, clinical work and experiential learning, you integrate cognitive understanding and practical experience with a developing awareness of self and other. The nature of the therapeutic relationship between client, their movement and the therapist is explored, and you have the opportunity to put your learning into practice through a minimum of 90 days of supervised placements. This gives you the opportunity to relate your practical experience to your theoretical studies. You are encouraged to develop your own dance/movement practice and to situate your work in relationship to your development as a therapist, to contemporary dance and movement practice. You are required to be in weekly personal therapy throughout the programme, and to become a student member of ADMP UK.

Our training enables you to: acquire clinical and professional skills as a Dance Movement Psychotherapist; enhance your self-knowledge and interpersonal relationships; deepen your awareness of relationship through movement; develop specialist skills in movement observation and movement analysis; promote your psychological understanding of individuals and groups; examine the role of Dance Movement Psychotherapy within multi-disciplinary teams; and investigate current theories of Dance Movement Psychotherapy.

Key features

- The interdisciplinary nature of our teaching enhances your learning experience providing a wealth of professional knowledge and expertise.
- In addition to appropriate knowledge and skills you acquire the maturity essential for professional practice.
- Our programme provides in-depth clinical skills in work with children, adolescents and adults.
- Our programme provides skills training in Laban Movement Analysis (LMA) including LMA in clinical applications.
- We arrange a wide range of clinical placements that are supervised in small groups.

Entrance requirements

You are normally expected to hold an honours degree or its professional equivalent in dance, psychology or a related subject area in the fields of health or education, as well as an equivalent of one year full-time paid or voluntary work in the education or health services sector.

All applicants are considered based on at least two years continuous experience in one or more dance/movement practices, a good level of maturity and professionalism, and potential for therapeutic reflection. It is desirable, therefore, to have had experience of personal or group therapy before joining the programme.

Applicants without a first degree will be considered based on their life/work experience and evidence of their potential for academic study at Master's Level, in conjunction with the above requirements. The supporting statement in your application should demonstrate your ability to write and reflect.

Fitness to train requirements

Please see page 16 in this booklet.

Application and admission

We strongly recommend you apply as early as possible in the academic year. Application forms are available from the contact details on page 24. Downloadable forms are also available at www.goldsmiths.ac.uk/apply. Applications should be returned by the end of June. Late applications will be considered if places are available.

If you fulfil the entrance criteria you will be invited to attend an interview day. Admission is normally by interview and a group movement audition. International candidates may be interviewed by telephone. We also ask international students to submit a DVD demonstrating their ability to move creatively, both alone and with others, using improvised movement (please do not use dance technique or a set piece of choreography). Guidelines for the DVD can be obtained upon request from either the international admissions or Sue Curtis at s.curtis@gold.ac.uk.

What do you study?

The programme is divided into two parts:

- Part I gives you the cognitive, experiential and practical understanding of the theory and practice of Dance Movement Psychotherapy.
- Part II develops your theoretical understanding and your clinical practice and relates these to research, leading to the award of the MA in Dance Movement Psychotherapy.

Parts I and II have three aspects:

Clinical Practice; experience of Dance Movement Psychotherapy practice in a clinical placement chosen for you in liaison with the Placement Co-ordinator. Placement lasts a minimum of 90 days and is managed at the placement and supervised in College.

Experiential Learning; including exploration in sensation, imagery and movement interaction, movement improvisation participation in Dance Movement Psychotherapy groups with peers, and continuing development of dance practice.

Theory & Practice of Dance Movement Psychotherapy; that draw on the disciplines of Dance Movement Psychotherapy and include psychodynamic theory, Dance Movement Psychotherapy skills with children, adolescents and adults, theories of non-verbal communication and movement analysis, feminist and embodiment theory, gender theory, the ecological self, and psychotherapy and theories of groups.

Part I and II includes an introduction to research and Evidence Based Practice (EBP). This is an intrinsic part of Arts therapy theory, practice and reflective processes, enabling you to develop your understanding of research and Evidence Based Practice, and incorporate this into your work as a Dance Movement Psychotherapist.

Clinical Practice 1 & 2

A core component of the MA is clinical placement where you undertake periods of supervised clinical practice. Placements are arranged by the Placement Co-ordinator and selected according to your particular interests, needs and experience.

If you are studying full-time, you spend two days per week in placements during both years; part-time study requires one day per week for Years 1 and 2 and two days per week in Year 3. This clinical training provides you with direct experience of practice with adults and children in different clinical settings and enables you to understand how therapeutic relationships are established and maintained, whilst developing your understanding of the role of the Dance Movement Therapist in a multidisciplinary team. It is a core requirement for registration with ADMP UK that at least six months of your clinical practice is undertaken in a mental health setting.

Placement Portfolios

At the end of each year you will be required to submit a portfolio of your clinical work that addresses the breadth of work undertaken in placement e.g. report writing, presentations, letter writing, in-house training, meetings attended etc. This is formally assessed and counts towards your final mark. The Placement Manager's reports also form an aspect of this portfolio, plus your own 2,000-word critical reflection and movement response DVD about your clinical/placement experience.

Experiential Learning 1 & 2

Experiential learning takes place in small groups that meet once a week in the first year of the programme, and twice per term throughout the programme in a large group consisting of the full student and staff group. Students' own dance movement practice continues throughout the training and support for this is given through dance movement psychotherapy Dance Labs which take place twice each term. The experiential groups teach you about the dance movement psychotherapy process, the dynamics of action and speech, psychodynamic processes, the relation between the individual, the family, the institution and society, power relations and the politics of difference, and through the experience of moving in a boundaried setting which involves verbal reflection. Dance Movement outside of psychodynamic boundaries provides a contrast and will be a continuation and development in response to the training of your existing dance movement practice.

This course contains three elements:

- Small Dance Movement Psychotherapy Experiential Groups (year 1 only)
- Large Dance Movement Psychotherapy Experiential Group
- Dance/Movement Practice

It is also supported by 'Difference Day' in the spring term, when the whole student cohort come together to explore experientially an issue of difference, e.g. gender, ethnicity, religion etc.

Small Dance Movement Psychotherapy Experiential Groups (year 1 only)

These groups meet weekly, consisting of a mix of full and part-time students. In the group you will learn about dance movement psychotherapy processes through the experience of movement and reflecting on it in a setting which is boundaried by time and space. In these groups learning happens through the student embodying ways of thinking, responding, and acting in the group that are taken in at an unconscious level; these are made conscious in the more cognitive areas of the programme and evidenced in the Coursework Summary. In this way you learn to use yourself as someone who dances/moves and as a person in the role of dance movement psychotherapist.

Large Dance Movement Psychotherapy Experiential Group

The large dance movement psychotherapy group involves all the students on the MA DMP programme and all the staff, meeting twice termly throughout the programme. The group holds the training as a whole together and it acts as a space in which the dynamic interface between the small groups and the institution and wider society can be reflected on. Students learn to find themselves in relation to the group, in a parallel environment to an organisation providing dance movement psychotherapy services. In this way, it exposes you to the issues of unity, hierarchy, power and difference that can be found there. The group tends to magnify processes in small dance movement psychotherapy groups in a way that raises questions about the nature of dance movement and its role in a social, boundaried setting. It also magnifies issues about space and time, raising existential concerns which help students place their learning in a personal, embodied context.

Inter-year learning takes place through beginnings and endings marked by new students coming and finalists going, creating a constant evaluation of the purpose and meaning of dance movement psychotherapy, the programme and the group itself.

Dance/Movement Practice

You are encouraged to continue your own dance/movement practice throughout the programme and to consider how this is affected by and affects your clinical practice. Support for this is given in occasional Dance Labs (twice per term) and regular opportunities for peer dance/movement practice. Whilst the weekly peer movement sessions are NOT tutor led, you are expected to attend each week as it contributes to your assessment of the Coursework Summary 1.

Coursework Summary

At the end of each year you will be required to complete a summary of your learning throughout the year. These are 2,000-word statements, alongside a movement response DVD, which consider the relationship between the learning from each aspect of Coursework, ie seminars, lectures, supervision and experiential groups, tutorials and dance practice, connecting this with your academic work and clinical practice on placement. Coursework Summaries are produced in May of each year of study. They are formally assessed and discussed in the Mid-Course and Final Feedback Tutorials. Year 1 part-time students discuss their Coursework Summary with their tutor. Coursework Summary

Theory and Practice of Dance Movement Psychotherapy 1 & 2

Theory and Practice of Dance Movement

Psychotherapy explores theories in psychoanalytically informed psychotherapy as they are used in Dance Movement Psychotherapy and other arts therapies. You study the profession of Dance Movement Psychotherapy from a variety of perspectives: from psychiatric studies to developmental psychology and movement analysis and its relation to Dance Movement Psychotherapy practice. You also explore the historical, social, political and cultural context of DMP and consider how this informs current theory and practice.

Movement Studies provides specialist training in methods and systems of movement observation and analysis that are central to the effective practice of DMP. Throughout the two years, you develop a heightened awareness of your own movement profile whilst engaging in movement explorations within experiential anatomy and improvisation. You learn how to apply your movement observation skills to clinical settings in weekly movement workshops in both Years 1 and 2.

Dance Movement Psychotherapy Skills

These weekly workshops, supplemented by seminars and supervision, address individual and group work with both children and adults. You learn how therapy groups form and operate, examine the function of movement in the therapy process and practical skills of running sessions. Year 1 focuses mainly on work with children and adolescents. In Year 2, you explore DMP work with adult client populations and have the opportunity to present to your peer group. In Year 1, you also explore first-hand the dance and movement process in an Experiential Dance Movement Psychotherapy training group.

Written elements

Mid-Course Case Study

In your first clinical placement you consider and reflect upon work with an individual client or group undertaken during one of your supervised placements. In describing the therapeutic process and exploring therapeutic relationships, you demonstrate your understanding of the fundamental principles of Dance Movement Psychotherapy, psychodynamic concepts and organisational contexts including the referral process and an awareness of cultural, social and political issues present in the clinical setting. You submit an 8,000-word Case Study during the last term of Year 1. If you are a part-time student, you submit this Case Study in Year 2.

Final Clinical Report

In this 10,000-word essay you identify, investigate and critically review the literature on your selected topic based on your clinical work and drawing from a wide spectrum of issues related to Dance Movement Psychotherapy. This essay is completed during the second term of your final year and demonstrates your ability to select and appraise appropriate literature, and relate this to the theory and clinical practice of your topic. This should clearly illustrate a capacity for safe, effective and independent DMP practice, the ability to reflect and contextualise it within the relevant professional literature and therefore demonstrate the evidence base of your practice.

Assessment

Student progress on the course is continually assessed in all areas and monitored within the staff team. Regular attendance (minimum 80%) and full participation in all courses and clinical placement are required. Clinical placement, placement portfolios, coursework summaries and the two written elements form the formal assessment.

Full-time study

Part I and Part II of the MA involves two days in College and two days per week in clinical placements over two years. You receive weekly group supervision and tutorial support. This leaves one day per week for independent study. You are required to maintain your dance practice and attend personal therapy throughout the programme.

Part-time study

The part-time programme is taught over three years. You follow the same teaching programme as full-time students in Years 1 and 2, but with one day of clinical placement per week. In Year 3, you have two days per week of clinical placement supported by weekly group supervision, peer movement and dance labs.

Fees

For up-to-date information on fees please refer to the Postgraduate Prospectus or visit our website at www.goldsmiths.ac.uk/costs. Please note: fees are quoted per year of study.

Find out more

If you have specific programme queries, once you've read this booklet and the PACE Prospectus, please contact the Admissions Tutor, Sue Curtis +44 (0)20 7078 5016 or e-mail s.curtis@gold.ac.uk.



Fitness to train

If your application for the MA in Dance Movement Psychotherapy is successful you will be required to satisfy us of your fitness to work and train with children and vulnerable people. This is because certain types of criminal convictions may have implications for entry to some programmes as well as to practice placements and subsequent employment.

As part of this process you will need to apply for an enhanced disclosure certificate from the Government's Criminal Records Bureau (CRB). The enhanced disclosure certificate provides details of any criminal offences, cautions, warnings and other issues, which might be on your record.

Please note: the process of disclosure and fitness to train is exempt from the Rehabilitation of Offenders Act and as such no convictions, cautions or other relevant information are ever considered spent. We will provide you with further details when we offer you a place.

If you have a criminal conviction and aren't sure whether this will debar you from teaching or from working with young or vulnerable people, please ask your local education authority for advice before you apply. Goldsmiths cannot advise you on this at this stage.

Goldsmiths, University of London has a responsibility not to admit students who would be debarred from undertaking clinical work-based placements.

Please note: satisfying the College of your fitness to train will not in itself guarantee that a potential employer will take the same view of a conviction.

How we determine fitness to train

1. If we offer you a place on the Dance Movement Psychotherapy programme we will ask you to complete an application form for an enhanced disclosure certificate from the CRB.

Please note: there is currently a fee of £36 to apply for an enhanced disclosure certificate. We will give you further information about how to make this payment when we offer you a place. If you have lived overseas we may also ask you to obtain the equivalent of the UK enhanced disclosure

certificate from the relevant overseas authority.

2. Once we receive our copy of your enhanced disclosure certificate we may ask you for further information concerning any convictions, cautions or other relevant information that it reveals as well as references from the probation service or other organisations.
3. Once we have this additional information we make a judgement on your fitness to train, including whether we would be able to organise suitable placements for you, which are integral to the programme.
4. If we determine that you do not satisfy the fitness to train conditions then any offer of a place or provisional enrolment will be rescinded by Goldsmiths.
5. All information provided is maintained in a confidential manner.

Fitness criteria

In order to assess your health, we need to find out if:

- you are physically able to cope with the day-to-day duties of your job
- you can communicate effectively with children, parents, clients and colleagues
- you have sound judgment and insight and can remain alert at all times
- you are able to respond to clients' or pupils' needs rapidly and effectively
- you can manage classes or groups
- you do not constitute a risk to the health, safety or well-being of those in your care
- you can, where disabilities exist, meet all these criteria through reasonable adjustments made by the College.

The decision we make on your occupational fitness will be based on your ability to satisfy these criteria, taking into account all the duties that you will undertake as part of your job and any health problems you have.

Please note: you may be asked to attend a medical examination. You will receive comprehensive guidance and instructions with the occupational health questionnaire.

Fitness classifications

On the basis of your questionnaire (and evidence from a medical examination and specialist advice if appropriate) the College Medical Officer will classify you in one of three categories:

- Those in good health or with a condition, which is unlikely to interfere with their efficiency in teaching, social work or the art therapies
- Those in good health but with a condition which may interfere to some extent with their efficiency in teaching, social work or the arts therapies. The condition is not however serious enough to make them unfit for such a career.
- Those with a condition, which makes them unfit for working in teaching, social work or the arts therapies. Applicants should not normally be included in this category unless they have a psychiatric or physical disorder which is likely to interfere seriously with regular and efficient work duties
- A 'C' classification will be given to an applicant who is not in a satisfactory state of health at the time of the examination but who may, after appropriate medical treatment, make a good recovery. In this case, they will be able to make a fresh application once they are able to provide a satisfactory medical report following treatment.

Appeals

You will not be able to appeal to either the College or the relevant government authorities against the decision we make on your occupational fitness. However, you can give the College Medical Officer additional medical specialist advice for them to use to reconsider their decision. For further information, please contact the Admissions Office, tel +44 (0)20 7919 7050 or e-mail admissions@gold.ac.uk.

Policy on the recruitment of students who are ex-offenders:

- As an organisation using the Criminal Records Bureau (CRB) Disclosure service to access applicants' suitability for positions of trust, Goldsmiths complies fully with the CRB Code of Practice and undertakes to treat all applicants for positions fairly. It undertakes not to discriminate unfairly against any subject of a Disclosure on the basis of conviction or other information revealed.
- Goldsmiths is committed to the fair treatment of its students, potential students or users of its services regardless of race, gender, religion, sexual orientation, and responsibilities for dependants, age, physical/mental disability or offending background.
- We have a written policy on the recruitment of ex-offenders, which is available upon request to all Disclosure applicants at the outset of the recruitment process.
- We actively promote equality of opportunity for all with the right mix of talent, skills and potential and welcome applicants from a wide range of candidates, including those with criminal records. We select all candidates for interview based on their skills, qualifications and experience.
- A Disclosure is only requested after a thorough risk assessment has indicated that one is both proportionate and relevant to the position concerned. For those positions where a Disclosure is required all application forms and recruitment materials will contain a statement that a Disclosure will be requested in the event of the individual being offered the position.
- Where a Disclosure is to form part of the recruitment process we encourage all applicants called for interview to provide details of their criminal record at an early stage in the application process. We request that this information is sent under separate, confidential cover to a designated person within Goldsmiths (Geraint Fox, c/o Student Recruitment, Admissions and International Office) and we guarantee that this information is only seen by those who need to see it as part of the recruitment process.

Research programmes: MPhil and PhD in Dance Movement Psychotherapy

Building a research perspective is implicit within the MA DMP, and practitioners are encouraged to develop research skills and undertake higher degrees. Dance Movement Psychotherapy has a growing research base and current practice grows from a strong evidence base. Goldsmiths prides itself on its strong research perspective and Dance Movement Psychotherapy is no exception.

Entrance requirements

You should normally be a qualified and experienced Dance Movement Psychotherapist with a Postgraduate Diploma and/or MA in Dance Movement Psychotherapy. In exceptional circumstances other qualifications and/or professional experience may be considered.

Application and admission

Please visit www.goldsmiths.ac.uk/apply to download an application form, or see the Postgraduate Prospectus for application details. Application forms are also available from, and should be returned to, the Admissions Office. Contact details are given on page 24.

We recommend that you apply as early in the academic year as possible; there are also fixed deadlines for specific funding sources. Admission normally requires face-to-face (or, in exceptional circumstances, telephone) interview. With your application, please submit a research proposal that outlines your topic and methodology together with a short bibliography.

We welcome informal enquiries before you submit an application. Please contact Dr Andrea Gilroy by phone on +44 (0)20 7919 7002.

Fees and funding

Please see the Postgraduate Prospectus for up-to-date information on fees and funding currently available at Goldsmiths.

Registration and study

Initially, you register for a Master of Philosophy (MPhil) programme to train you in the research methods you will need to complete a PhD. You can apply to upgrade to PhD registration when you have satisfactorily completed an agreed part of the research and training programme; this usually happens before 18 months if you are studying full-time, or before 36 months if part-time. You should aim to complete and submit your PhD thesis within an agreed period, usually three to four years for full-time students, and four to six years for part-time. If you decide not to upgrade to PhD registration, you can submit your thesis for an MPhil after two years if you are studying full-time, or after three years if part-time. With the agreement of your supervisor, you can change your registration from full to part-time or vice versa; the necessary form is available from the Registry Programmes Office.

North American applicants especially should note that the British system does not include preparatory taught classes or examinations as part of the MPhil/PhD programme, except for an initial course in research methods.

Research supervision

For MPhil and PhD study you usually register for research by written thesis. Research students usually have their first supervisor within the Unit of Psychotherapeutic Studies; their second supervisor may also be in the Unit or within PACE, or s/he may be in another Department at Goldsmiths eg Drama, Music, Visual Cultures, Educational Studies, Psychology or Sociology. You meet your two supervisors regularly for discussion and guidance on all aspects of your research and present your work to other research students at least once per year.

Supervision is currently available in the following areas:

- Cross-cultural issues in Dance Movement Psychotherapy
- The development of Evidence Based Practice in Dance Movement Psychotherapy
- History and development of the profession in the UK and overseas
- Clinical work with various client populations.

Staff and their research interests

Staff are developing their research, which includes: Embodiment and the Dance Movement Psychotherapist; Future training needs for a developing DMP profession; Effects of psychiatric drug treatment on patient's movement expression.

Assessment

Research leading to a written thesis requires a text of not more than 60,000-words for an MPhil and 100,000-words for a PhD. The University of London's normal regulations apply. Examination includes a viva voce.

Teaching

For information about staff and their research interests please see page 21 in this booklet.

Find out more

If you have specific programme queries, once you've read this booklet and the PACE Prospectus please contact Dr Andrea Gilroy +44 (0)20 7919 7002 or e-mail a.gilroy@gold.ac.uk if you would like to discuss your proposal for research before you apply.



Staff and their research interests

Dawn Batcup RGN, RMN, PGDip., SrDMP Associate Tutor

Dawn is a senior Dance Movement Psychotherapist who currently works with adults in mental health and forensic settings. She has worked on the DMP Foundation and MA courses at Goldsmiths College since their inception.

Dawn has worked in the National Health Service for over 20 years, starting in 1984 when she first trained as a general nurse (RGN) in Wales then moving to London in 1988 to train as a psychiatric nurse (RMN). After gaining extensive clinical experience she then went on to achieve a first degree (BSc. Hons).

Between 1996 and 1998 Dawn completed her DMP training at the Laban Centre, and was promptly employed as a DMP in mental health. Consequently, she has worked in a variety of in-patient and outpatient settings with people at different stages of illness and recovery from mental health problems. As a Senior Movement Psychotherapist in her current job, Dawn is a valued member of the multidisciplinary team. She is relied upon to give her opinion at case conferences and tribunals regarding her clients. Additionally, she is invited to present at numerous forums to professionals about DMP and is involved in audit and research into the clinical effectiveness of DMP in psychiatry. She is respected as a clinical supervisor in professions external to DMP wishing to develop their psychodynamic thinking (e.g. nurses and psychologists) as well as providing clinical supervision within DMP.

Publications

Batcup, D. (2004) *Dance Movement Therapy with Mothers and Babies* e-motion, ADMT UK Quarterly, XIV (8), 5-12.

Marina Benini BA (Hons), MA (DMP), RDMP Associate Tutor

Marina trained as a dancer at the Laban Centre where she also developed her studies in Laban Movement analysis and choreography. Following this, she danced for Ballet Experimental Contemporaneo and Shamma Dance Company around the world and also became the Artistic Director and choreographer of Pivotal Dance Company. Marina has taught LMA in universities in Brazil and India. She trained as a Dance Movement Therapist at Goldsmiths and currently works as a therapist in a school with children with severe learning disabilities. She is also a Movement Director and coach for theatre and Dance Companies. Marina has experienced working as a therapist in mainstream and special needs education as well as in mental health.

Sue Curtis B.Ed 1st Class Hons, MA, SrDMP Programme Convenor, Admissions Tutor

Sue is a senior registered Dance Movement Psychotherapist who works with children and young people within mainstream and special education. She trained as a dancer and teacher and has over thirty years experience of working with children and young people; the last sixteen as a therapist. Within her clinical practice she provides therapy and assessments as well as training to staff. She has a special interest in working with clients in foster care and adoption and those who have suffered trauma and abuse. She also supervises privately.

Over the past fifteen years Sue has lectured and supervised on MA Dance Movement Psychotherapy training courses, and currently convenes lectures and supervises on the MA programme at Goldsmiths, co-ordinates the Foundation course in DMP, and is admissions tutor for the MA. Sue has been actively engaged in the work of the Association for DMP UK over the past seven years. For four years Sue was invited by the British Council in the Ukraine to provide training for professionals who work with vulnerable and displaced children and has recently taught at the University of Barcelona. She has published on her work in mainstream schools as well as featured in articles in the Times Educational Supplement and Evening Standard.

Publications

'Providing Dance Movement Therapy within a Mainstream School' in Bannister, A.& Huntington, A. *Communicating with Children and Adolescents: Action for Change*. London: Jessica Kingsley (2002).

Juliet Diener MA, SRDMP, HDE, AISTD Placement Co-ordinator

Juliet draws from her experience as special needs teacher, manager in educational and clinical settings and ballet teacher in her work as Dance Movement Psychotherapist. Juliet currently works in a variety of mental health and educational settings with children and adults. She specialises in working with children and adolescents with learning difficulties, and working with culturally diverse clients. Juliet has a special interest in the integration of Dance Movement Psychotherapy techniques with other contrasting methods. Juliet currently works as a freelance Educational Consultant and Dance Movement Psychotherapist in numerous settings across London.

Caroline Frizell MA, SRDMP Associate Tutor

After a professional dance training, Caroline initially pursued a career which combined performance, choreography and teaching. Caroline was also involved for many years in the training of professional dance students. Caroline then became increasingly interested in developing community dance and went to work intensively with children and adults with disabilities, exploring inclusive practice and our relationship to difference. This has been a passionate conviction for over twenty years and more recently, she has embraced the potential of the natural world to heal the splits which divide individuals and communities. Caroline currently works as a SrDMP in special education. She also delivers training for professionals and teaches on two postgraduate therapeutic training programmes.

Kevin Jones MA, UKCP Lecturer

Kevin qualified in Art Psychotherapy in 1987 and has worked in both Adult Psychiatry and Learning Difficulties. He has lectured as a visiting tutor at Goldsmiths since 1990 on the Foundation Courses and became a permanent half-time lecturer in 1999. His special areas of interest are in the social and political aspects of Art Therapy and in empirical research into Art Therapy Practice. He is currently analysing and writing up the results of a Randomised Controlled Trial of brief group art therapy with people with Schizophrenia. He has recently qualified as an individual psychotherapist with the Institute for Psychotherapy and Social Studies (UKCP Registered) and has an MA in Psychotherapy and Social Studies.

Geoffrey Unkovich PGCE, MA DMP Associate Tutor

Geoffrey is Australian-born and trained in dance; this has led to an extensive career in dance performance and education. He works in London as a DMP, and as a dance tutor in higher and further education. At Roehampton University he is a visiting lecturer for the DMP training programme. His current DMP work is in a NHS day centre for adults with disability, elders in a residential home, and for MIND in West London. Other DMP work has been in adult mental health for mothers who are asylum seekers or refugees, gay men, and a special needs school. Geoffrey was previously Chair of the Association for Dance Movement Psychotherapy UK.



Contact us

If you have specific programme queries once you've read this booklet and the PACE Prospectus, please contact us as follows:

Dance Movement Psychotherapy
Department of Professional and Community
Education (PACE)
tel +44 (0)20 7078 5012/5016
fax +44 (0)20 7919 7236
e-mail s.curtis@gold.ac.uk

If you have any questions about how to apply, or any other questions, or would like a prospectus, please contact us as follows:

Admissions Office
telephone +44 (0)20 7078 5300
fax +44 (0)20 7919 7509
e-mail admissions@gold.ac.uk
Prospectus hotline: 020 7919 7537 (24 hours)

We can supply information in alternative formats for people with a visual impairment. Please contact the Admissions Office for further details.

Did you find this booklet helpful?

We would welcome any comments you have about the content or design of this booklet. Please e-mail ext-comms@gold.ac.uk, or write to Communications and Publicity, Goldsmiths, University of London, New Cross, London SE14 6NW, stating the name of the booklet.

All information is treated in the strictest confidence and will in no way affect any application you make to Goldsmiths; no personal data is kept on file.

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Goldsmiths has joined the Carbon Trust's Higher Education Carbon Management programme, and is participating in the national 10:10 campaign, demonstrating a commitment to cutting carbon emissions. Goldsmiths' efforts in the field of carbon management and emission reduction have been recognised by the government.

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Our Mission

We offer a transformative experience, generating knowledge and stimulating self-discovery through creative, radical and intellectually rigorous thinking and practice.

Goldsmiths

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