

What am I like?

For each statement opening below, please try to finish the statement in as many ways as you can.

I believe something is worth doing if...

I am someone who enjoys...

I am passionate about...

I could spend hours...

I want to interact with people who...

I work best when...

I need to be in an environment where...

I feel most myself when...

For each statement, think of example situations from your life that illustrate the point. Imagine that you have been asked to prove that you are that sort of person; what evidence can you offer? This may help you to make the statements more specific. For example, if you say “I am someone who is good at solving problems”, you could make that more specific by saying “solving life problems for individuals” or “solving management procedural problems” or “solving problems of communication between team members”.