

Voluntary Agencies Data Base

	Organisation	Contact Details	Description	Local Authority
Umbrella organisations that offer many different voluntary positions	GAVS - Greenwich Action for Voluntary Services.	Woolwich Equitable House, Suite 204, 2nd Floor, 10, Woolwich New Road, London, SE18 6ABQ Tel: 0208 309 8231	GAVS provides a range of capacity building support and training to local voluntary and community organisations as well as support to the sector so that it can get its voice heard.	Greenwich
	CAS – Community Action Southwark	1 Addington Square Camberwell London SE5 0HF Tel: 020 7358 7020	CAS – is the umbrella organisation for the voluntary and community sector in Southwark.	Southwark
	VSL – Voluntary Service Lewisham	Tel: 020 8291 1747	VSL – Provide direct voluntary services for isolated and vulnerable people living within the London Borough of Lewisham. We deliver services such as befriending, shopping, gardening, mental health support projects and transport. We aim to improve the quality of life of our service users, by helping them to take part in community activities and be independent	Lewisham
Voluntary Organisations from each local authority	Advocacy in Greenwich.	Forum @ Greenwich, Trafalgar Road, SE10 9EQ Tel: 020 8293 3720	Advocacy In Greenwich wants everybody to have rights, choices and chances; be able to say what they want and be heard and to be part of the community. We will work together with people with learning disabilities and/or physical disabilities to change the way people think so that we can make this happen.	Greenwich
	GAD – Greenwich Association of Disabled People.	<i>GAD Lewisham 2nd Floor, Deptford Lounge, 9 Giffin Street, London, SE8 4RJ</i> Tel: 020 8305 2221	Greenwich Association of Disabled People (GAD) is a Centre for Independent Living that enables hundreds of deaf and disabled people each year to achieve independence. We do this through a range of specialist programmes and services from our premises, outreach venues and in individual homes.	Greenwich
	Athena Services	lewishamvawg@refuge.org.uk Tel: 0800 112 4052	The Athena service, run by Refuge provides confidential, non-judgmental support to those living in the London Borough of Lewisham who are experiencing gender-based violence.	Lewisham

	Stepping Stones	Whitecrook Business Centre 78 Whitecrook Street Clydebank G81 1QF Tel: 0141 941 2929	The VSL's Stepping Stones in Lewisham programme is a FREE 8 week happiness and wellbeing programme of workshops for people who are dealing with issues such as depression, anxiety and stress. The aim of the programme is to provide people with ideas, exercises and support to enable them to become happier, move forward with their lives, and improve their mental well-being.	Lewisham
	Urban Synergy	40 Devonshire Drive Lewisham London SE10 8JZ Tel: 07983 446000	Created in 2007, Urban Synergy is an award winning early intervention mentoring charity that helps over 1,000 young people between 11-18 years of age reach their full potential through outcome focused mentoring programmes and inspirational seminars.	Lewisham
	Home - Start Southwark.	Albrighton Community Centre Albright Road London SE22 8AH Tel: 020 7737 7720	Home – Start Southwark is a Family support Organisation. Our Approach is simple. We provide trained volunteers with parenting experience to help any parent, with at least one child under five, who is finding it hard to cope.	Southwark
	The Her Centre (Domestic Violence Advocacy)	Island Business Centre, 18 Wellington St, London SE18 6PF Tel: 020 3260 7715	Her Centre is a woman-led charity which supports over 1000 women a year who live, study or work in Greenwich. We offer free and confidential advocacy, counselling, outreach, advice and training.	Greenwich
	MENCAP	Tel: 0808 808 1111	We work in partnership with people with a learning disability, and all our services support people to live life as they choose.	Greenwich Southwark Lewisham
	MIND	Tel: 020 8519 2122	We provide advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding. We won't give up until everyone experiencing a mental health problem gets support and respect.	Greenwich Southwark Lewisham