

## **MSc Cognitive Behavioural Therapy; Postgraduate Diploma (Professional Route) in Cognitive Behavioural Therapy 2020-21 Addenda to Programme Specification**

**Awarding Institution:**

University of London (Interim Exit Awards made by Goldsmiths' College)

**Teaching Institution:** Goldsmiths, University of London

**Name of Final Award and Programme Title:**

MSc Cognitive Behavioural Therapy

Postgraduate Diploma (Professional Route) in Cognitive Behavioural Therapy

**Name of Interim Exit Award(s):**

Postgraduate Certificate in Cognitive Behavioural Therapy

Postgraduate Diploma (non-accredited) in Cognitive Behavioural Therapy

**FHEQ Level of Award:** Level 7

**Programme accredited by:** Not applicable

**Home Department:** Social, Therapeutic and Community Studies

**Department(s) which will also be involved in teaching part of the programme:**

Not applicable

### **Overview of programme changes**

Goldsmiths has needed to make changes to the way in which its programmes will be taught in 2020-21 in response to the ongoing global Covid-19 pandemic. This means that all programmes will be taught through a mix of online and in-person teaching sessions in 2020-21.

In some instances changes have also been made to assessment formats where necessary.

This addenda summarises approved changes that will be in place for 2020-21. Further programme information is provided in the published programme specification.

## How you will learn and how you will be assessed

**Academic year of study 1 for PGDip in Cognitive Behavioural Therapy for 2020-21 only**

Module Title	Teaching Delivery	Assessment
Psychological Models of Therapy 1	6 webinars (2 delivered online and 4 delivered face-to-face on-campus) and 6 online learning activity sessions. 5 teaching sessions delivered face-to-face on-campus.	No change
Psychological Models of Therapy 2	7 sessions delivered face-to-face on-campus. Webinars and online learning activity sessions.	No change however assessment will be based on attendance only if circumstances do not allow for the completion of the case study by June 2021.
Therapeutic Skills	3 teaching sessions delivered face-to-face on-campus. 7 online skills workshops.	Practicum (10 mins) <u>changed to</u> 1000 word skills assignment.
Reflective Practitioner 1	3 teaching sessions delivered face-to-face on-campus. 4 online webinars and 12 online learning activity sessions.	No change
Advanced CBT Theory and Practice	6 teaching sessions delivered face-to-face on-campus. 6 online learning activity sessions.	No change
Advanced CBT Skills	3 teaching sessions delivered face-to-face on-campus. 8 online skills workshops.	No change
Supervised CBT Practice 1	Supervision sessions delivered face-to-face on-campus. Online workshops and online learning activities. This module contains a clinical work placement which will take place either face-to-face or online according to arrangements made by placement organisations and trainees. Appropriate risk assessments will be carried out.	No change

**Academic year of study 1 for MSc Cognitive Behavioural Therapy for 2020-21 only**

<b>Module Title</b>	<b>Teaching Delivery</b>	<b>Assessment</b>
Psychological Models of Therapy 1	6 webinars (2 delivered online and 4 delivered face-to-face on-campus) and 6 online learning activity sessions. 5 teaching sessions delivered face-to-face on-campus.	No change
Psychological Models of Therapy 2	7 sessions delivered face-to-face on-campus. Webinars and online learning activity sessions.	No change however assessment will be based on attendance only if circumstances do not allow for the completion of the case study by June 2021.
Therapeutic Skills	3 teaching sessions delivered face-to-face on-campus. 7 online skills workshops.	Practicum (10 mins) <u>changed to</u> 1000 word skills assignment.
Reflective Practitioner 1	3 teaching sessions delivered face-to-face on-campus. 4 online webinars and 12 online learning activity sessions.	No change
Advanced CBT Theory and Practice MSc route	6 teaching sessions delivered face-to-face on-campus. 6 online learning activity sessions.	No change however assessment will be based on attendance only if circumstances do not allow for the completion of the case study by June 2021.
Advanced CBT Skills MSc route	3 teaching sessions delivered face-to-face on-campus. 8 online skills workshops.	No change
Supervised CBT Practice 1 MSc route	Supervision sessions delivered face-to-face on-campus. Online workshops and online learning activities. This module contains a clinical work placement which will take place either face-to-face or online according to arrangements made by placement organisations and trainees. Appropriate risk assessments will be carried out.	No change however assessment will be based on attendance only if circumstances do not allow for the completion of assessment components by June 2021.

**Academic year of study 2 for MSc Cognitive Behavioural Therapy for 2020-21 only**

<b>Module Title</b>	<b>Teaching Delivery</b>	<b>Assessment</b>
Reflective Practitioner 2	3 teaching sessions delivered face-to-face on-campus per term. 7 online webinars per term.	No change
Supervised CBT Practice 2 & CPD Workshops	13 peer supervision group sessions. Placement supervision. 4 workshops delivered online. This module contains a clinical work placement which will take place either face-to-face or online according to arrangements made by placement organisations and trainees. Appropriate risk assessments will be carried out.	No change
Research Methods	6 online webinars, 6 weeks of 1.5 hours of online learning activities, and 5 face-to-face teaching sessions per term.	No change
Dissertation	At least 3 teaching sessions delivered face-to-face on-campus per term with the remainder delivered online. At least 3 research supervision sessions will be delivered face-to-face on campus per term.	No change