Cooking

These ideas can be used for

- •Cross-curricular topic work involving children's different languages
- •Language classes in the community
- •MFL classes

See also resources on powerpoint (link)

Somali bread-making

The Somali class teacher brought 'laxoox' bread and meat and vegetable accompaniments to the Somali class to share with parents and children. Families then learnt and wrote Somali and English words around food, and talked about how bread was made. In primary school, a Somali parent came into the nursery class to make 'laxoox' bread with children. The nursery teacher then conducted a shared writing session, supported by the Somali teacher, to create a bilingual book using photos of the bread-making activity.

Bangladeshi foods

The class teacher worked with the Bengali after-school teacher to create a visual information sheet in Bengali and English on typical foods from Bangladesh. The children used this as a stimulus to create their own food posters, finding additional resources on the internet.

Resources

- Dishes made by parents or teacher
- Photos of cookery sessions
- List of ingredients in different languages and English
- Information sheet with food pictures and captions in English, Bengali script and transliterated Bengali.

Lesson structure

- Show children 'laxoox' bread and ask for names of different types of bread
- Discuss how bread is made and keywords for ingredients in different languages
- Parent makes bread with children they use their hands to mix the dough
- Children talk about how their parents make bread or other food at home
- Bread is cooked and shared between parents, children and teachers
- Talk about photos and compose description of what happened and teacher and/or children write together to create a book
- ICT session used to produce food posters

Aspects of learning

- Names of familiar food from home, in own language, friends' languages and English
- Cultural knowledge about bread and other food made in different countries

Home-school links

• Encourages parents and children to cook traditional foods together and use this activity as a basis for learning